

# InTouch

Spring 2021



The earth is the Lord's and all that is in it.

Psalm 24:1



The magazine of  
Fleet and Beacon Hill  
United Reformed Churches

# FLEET URC & BEACON HILL URC JOINT PASTORATE

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## FLEET UNITED REFORMED CHURCH

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 **YouTube** Fleet and Beacon Hill United Reformed Churches

### CHURCH CONTACTS

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## BEACON HILL UNITED REFORMED CHURCH

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## SUNDAY WORSHIP

We are not meeting in our church building for worship at present, but please join us on Sunday mornings when we livestream our service on Zoom.

An email is sent out a few days beforehand giving details of the following Sunday's service, and instructions for accessing it. All service recordings are available later in the day on the church websites, Facebook pages and YouTube channel (see facing page).



For more information or help, please contact :

(Fleet URC) **Margaret Armes**, 01252 650994; b.ames@ntlworld.com

(Beacon Hill URC) **Karen Smith**, 07742 669341; kpmsmith@hotmail.com

For details of all other regular activities please see page 5.



## FROM THE MANSE



### *Dear Friends*

Twelve months ago this week I caught the COVID virus. My goodness, how my life has changed!

My story is how one event changed my life, my path and my future, and although my expectations have been altered, my faith and hope in God has remained strong for whatever lies ahead of me.

The events of Holy Week were also one thing that changed Jesus's life and, even though we hear the story year after year, we know the outcome that leads to Jesus's painful death on the cross.

Unexpected events can change our life, so that we find ourselves on another path, feeling full of trepidation and unease—even though it can be exciting at the same time.

Whatever unexpected events have happened or will happen in your life, please take comfort from knowing that you are not alone; that Jesus has gone before you to smooth your road. Know this, my friends, that we can never return to the path we want to travel on, because each event—whether expected or unexpected—changes us and those around us.

One hymn that I will enjoy singing this Easter Day is, *'Thine be the Glory'*,

and the lines in the second verse particularly resonate with me this Easter:

*Lo, Jesus meet us, risen from the tomb,  
Lovingly he greets us, scatters fear and gloom.  
Let the church with gladness hymns of triumph sing,  
for her Lord now liveth, death has lost its sting.'*

Whatever anxieties or pressures we may feel, whether because of a relationship, a friendship, or something within the church, know that Jesus meets us where we are at; he lovingly embraces us and says, *'I know what you are going through, and I will fill you with an abundance of my love'.*

The 'church' in the hymn verse refers to our own sacred place of worship, but also to God's people who live and breathe its values and mission; for we Jesus followers are the Church wherever we meet, whether it be on Zoom, Facebook, on the phone or—eventually—gathered together physically worshipping in one place. For this let us always be glad and feel blessed, for whatever lies ahead we rest in the knowledge that Jesus has broken the gates of death (both literally and metaphorically) so that we can live life in all its fullness in the presence of God.

### **Spring and beyond...**

As the buds start to flower I await my future with excitement and trepidation, unsure what may lie ahead for me; but as the seasons come and go I know that new buds will bloom in my garden for the Lord, and I will find myself surrounded by familiar flowers—and different ones—all provided by God.

Lord, as the Christian season flows onward in 2021,  
enable us to see new growth in the Spring during Pentecost,  
... and give thanks for your Spirit.

Enable us to see different flowers in our Summer garden,  
that bloom in our Christian lives,  
... and give thanks for your Spirit.

Enable us to see vibrant colours in the Autumn  
and the reaping of Harvest  
... and give thanks for your Spirit.

Enable us to approach the Winter knowing that  
Jesus is comforting us in the unseen changes that occur,  
namely in a baby that will change the world,  
... and give thanks to your Spirit.

Blessings to you all,

*Ruth xx*



## REGULAR MEETINGS ON ZOOM

**Zoom meetings are open to all members of the congregations of Fleet URC and Beacon Hill URC, and invitations are sent out beforehand via email.**

Please contact the church secretaries if you haven't received an invitation and would like one, if you need help with Zoom, or if you would like to know how to phone in to a meeting.

## VIRTUAL COFFEE MORNINGS ON ZOOM



Beacon Hill URC:  
**11 am, Saturdays**

Fleet URC:  
**11 am, Thursdays**  
(includes a quiz)

## ZOOM MONTHLY PRAYER GROUP



The monthly Prayer Group will meet on Zoom on **Mondays** at **2 pm** on the following dates:

**12th April, 10th May, 14th June**

Come and join us for 30 minutes of quiet meditation.



## HOLY COMMUNION

Communion is celebrated on the first Sunday of the month on Zoom as part of the regular service. This is an opportunity to sense God's presence when we share bread and wine together in our own homes. Since we cannot share communion in our church building, we gather on Zoom as a scattered community of disciples of Christ to celebrate this sacrament.



## ZOOM MONTHLY 'NURTURE YOUR FAITH' GROUP

This group will resume meeting on Zoom after Easter for a new series on the prophets. The group normally meets at **11 am** on the third Monday of each month (note the change of time), and the next meetings will be on **19th April and 17th May.**

For more information about the new series, see page 7.

## FLEET: PALANI MISSION UPDATE

### Sponsored Midwife's Wedding

These happy and colourful photos show our sponsored midwife, Santhiya, at her marriage to Mr Vinod Kumar, a policeman, and also a Christian.

Santhiya was one of the first girls we sponsored for midwifery training, back in September 2016. She had been selected for the two-year training course but was unable to afford the fees. The money we raised has enabled her—and others—to complete the training, together with a third practical year. The employment of these girls as midwives has brought prosperity to their families and put money back into the community.

Sheeba John writes that Santhiya is very grateful for all the help we have given her, and wished she could have invited us all to her wedding!

*John Gibbons, Fleet URC*



### STOP PRESS... FLEET URC COFFEE MORNING

Look out for details of the reconvening of Fleet URC Coffee Mornings on church premises. We are hoping to start meeting again shortly—same friendly atmosphere, but on a different day: **Wednesday** mornings.

Restrictions permitting, our first meeting will be at **10.30 am on 12th May** in the church garden.

Please book to reserve a space in advance by phoning 01252 614200, or email: [jmgibbons@hotmail.com](mailto:jmgibbons@hotmail.com).

Takeaway hot drinks and cakes will also be available.

*John Gibbons, Fleet URC*

## NURTURE YOUR FAITH GROUP

### Our next series: *'Standing in the Sandals of the Prophets'*

The current Lent group series of Bible-based discussions has so far taken us to identify Seeds of Hope in a parable, in times when Jesus was in prayer, and in familiar as well as very unfamiliar Old Testament texts telling us about the prophets. We also ventured into some of the Epistles and the Easter narrative.

After Easter we are setting out on a new adventure, delving into the ministry of some of the lesser known prophets of the Old Testament. *'Standing in the Sandals of the Prophets'* invites us to look at the time and cultural influences within which they were living, to think about how they responded to God's call, the problems they faced, and how they developed their relationship with God. What can we learn from these books we have probably never read or only heard the odd verse quoted in a service reading? What does their experience mean for us as we walk the way of discipleship? Who knows?



We will be standing in the sandals of Nehemiah at our Zoom group on **Monday 19th April at 11 am**. Perhaps only for that session, or longer if there is more to consider. Which prophet's story we read next is in your hands. Amos, Habakkuk, Haggai, Hosea, Joel, Jonah, Malachi, Micah, Nahum, Obadiah, Zechariah are all waiting for us to slip on their sandals!

Join us to sit and listen or to read a passage you have found in the text you like, or to share your thinking about their lives and work—but do join us for a friendly stroll into their world. You just need to read their book before the session, and background notes will be available each month.

*Karen Smith*





## SIGHT LOSS FRIENDLY CHURCH

### *A new venture: Becoming a Sight Loss Friendly church at Beacon Hill*

Did you know that the Torch Trust, a Christian sight loss charity, has a new FREE initiative—Sight Loss Friendly Church (SLFC)—which has been developed to help churches to become accessible for people with sight loss? We have responded to that idea at Beacon Hill during the lockdown period because we know that quite a few people in the church family have sight related conditions and we want to make all we do as accessible as possible. By registering, anyone with a sight impairment will be able to identify that we are a church that would make them welcome.



Torch Trust believe that to become sight loss friendly we need to follow three principles:

**THINK:** When planning church events, services or communications, think to ourselves, 'What can we do to include blind or partially sighted people?'

**ASK:** Approach individuals and ask what would be best for them.

**ACT:** Make changes, adapt room layouts or see how the many resources Torch Trust have available might be used so that everyone with sight loss feels included in church.

We are just starting out exploring how we can do better, and will be talking to the church community individually about how the website, online and church-based worship and other ways we communicate can be adapted to take sight loss into account. The Trust offers training and resources for anyone in the church, so we are hoping soon to have some specific training on being more welcoming and responsive. We'll let you know how that goes!

Someone in the UK is told they are going blind every six minutes. This shocking fact makes a warm welcome so important as a Christian community. You might like to look at this video:

<https://www.sightlossfriendlychurch.org.uk/why-slfc/why-slfc#video>.

*Karen Smith, Beacon Hill URC*





## TAKEAWAY MEALS HIT THE SPOT

Fleet URC is blessed with many talented people, none more so than Saju and Mary Mathew, who give freely of their time and work hard for the benefit of our members and the wider community. Ably supported by Melvin and Mahima, it is very much a family team effort to prepare, cook and deliver more than eighty meals for takeaway sale.

The pandemic has hit everyone hard, with two major lockdowns and severe limitations on getting out and about to meet family and others just for a chat. We are all looking for ways to break the monotony of life.

Takeaway meals lend themselves to just that change: a brief socially distanced meeting of people in the car park when picking up your meals, a breath of fresh air, and the thought of a meal ready cooked for you. (Although this time the opportunity to socialise in the car park was much reduced, since improvements to the method of collection cut short the chat time!)

The feedback was good: everyone enjoyed their meals, and the portions were so large that the whole weekend seemed to be catered for! The church benefitted from £1400 of extra funds, so it was win-win all round—and the photos of happy customers on the Fleet URC website and Facebook page prove it.

The good news is that we have plenty of aluminium containers still unused, and a third takeaway event is already in the planning stage!

*John Gibbons, Fleet URC*



## A PRAYER FOR SPRING 2021



Dear Heavenly Father, we thank you for springtime, which brings forth hope and shows us renewal, gives us joy, rejuvenates us in Your Spirit, and reminds us of Your Love and sacrifice for our sins.

On Tuesday 23rd March 2021 we marked one year since the UK's first national lockdown was declared because of the pandemic. We reflect upon changes to the world as we knew it, brought about by lockdown restrictions, and how these have impacted on our lives.

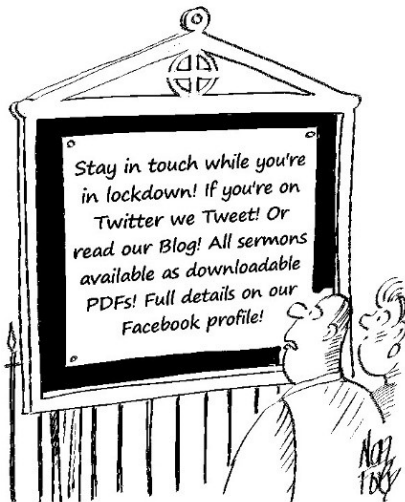
We mourn for those who have suffered and died during the pandemic; those who worked hard to save lives from COVID-19 and those who paid the ultimate sacrifice, as well as those whose livelihoods are lost.

We remember the ultimate sacrifice of Jesus Christ on the cross at this time. Even during his dying hours he asked that you, Lord, forgive those who have wronged you and caused you harm. May we too, Lord, serve you well in compassion and love, till our end, as Jesus did.

May we be confident that when we lose our way, through your love for us we will be redirected to the path you have set for us. May we be forgiving of ourselves and in doing so act in grace towards others.

I pray this in the name of Jesus Christ, our Lord, *Amen*

*Alice Knight, Beacon Hill URC*



"...and we used to grumble about not understanding archaic church language!"

## Watching for the Kingfisher

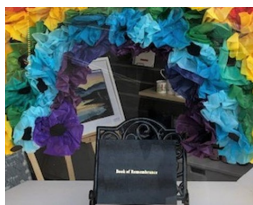
Prayer is like watching for the kingfisher.  
All you can do is  
Be there where he is likely to appear and  
Wait.  
Often, nothing much happens;  
There is space, silence and expectancy.  
No visible sign, only the knowledge  
That he's been there,  
And may come again.  
Seeing or not seeing cease to matter,  
You have been prepared.  
But sometimes, when you've almost  
Stopped expecting it,  
A flash of brightness  
Gives encouragement!

© Ann Lewin, *Watching for the Kingfisher*,  
Inspire, 2004



## BOOK OF REMEMBRANCE FOR THE PEOPLE OF FLEET AND CHURCH CROOKHAM

LivingStones Christian Centre is holding a Book of Remembrance for the people of Fleet and Church Crookham and the surrounding villages to record the names of those we have loved and lost through the current Pandemic. This is open to anyone who would like to add a name or names to the book.



If you would like your loved ones' names remembered alongside others, please email [sue@livingstones.org.uk](mailto:sue@livingstones.org.uk), or phone the Centre on 01252 616038. You are asked to include just a name and age at the time of passing. The book will be kept in the window of LivingStones Christian Centre for the foreseeable future as a mark of respect.

The only purpose of this book is to remember collectively and mourn as a community those who have sadly died as a result of the Coronavirus pandemic.

*'Blessed are those who mourn, for they will be comforted...'* Matthew 5:4

## PRAYERS DURING THE PANDEMIC

Did you know that the United Reformed Church publishes weekly prayers to help bring us comfort and support during the pandemic? The prayers are written by the Daily Devotions team, and a new prayer becomes available every Thursday on the URC website at:

<https://urc.org.uk/general/3729-prayers-during-the-pandemic.html>.

This is a recent prayer, from Professor Graham Handscomb of Christchurch URC, Chelmsford:

Lord, so many people who have died.  
So many families left grieving.  
We struggle to understand.  
A pandemic and a loving God?  
We rail at the suffering and injustice;  
When death counts obscure the sorrow of each individual;  
Each precious person lost; each loved one left behind broken.  
Our eyes blur with tears ...and through them a figure takes shape:  
of another agonising and weeping;  
the crucified Christ aching to embrace and share our sorrow.  
Be with us, Lord.  
*Amen.*



## URC DAILY DEVOTIONS—REMINDER

You will automatically receive the Pandemic Prayers by weekly email if you subscribe to the Daily Devotions, which are part of the URC's *Walking the Way* initiative, focussing on Christian discipleship and mission. On every day of the year a reading, reflection and prayer following a particular theme are sent out by

email. A team of volunteers also records these as podcasts, which you can listen to in a variety of ways—even asking Alexa or Siri to read them to you!

During the pandemic, while churches are closed, the team also provides weekly Sunday services.

The Devotions are written and led by over 100 people from different perspectives. They are available by email, podcast, on URC social media and also on the following link, where you can find more information and sign up: <https://devotions.urc.org.uk>.



## GOLDEN JOTTINGS NO 2: ALWAYS LOOK UP

*The second in a series of reminiscences by Bernard and Mavis Potter, marking their 50 years of membership at Fleet URC.*

From time to time many United Reformed Churches have a visit from the Moderator of General Assembly. I suppose it is the equivalent in hierarchical terms of the Archbishop of Canterbury, the leader of the denomination they serve.



*Our Minister Ruth, with Revd Nigel Uden, URC Moderator 2018-2020*

The last Moderator who led worship at Fleet URC was Revd Nigel Uden, quite recently—just before lockdown in 2020. His theme was ‘Epiphany People’. His sermon gave everyone much to think about, especially so close to what would follow with Covid-19 and its subsequent ramifications.

Before that Mr John Ellis came and shared in our church celebrations of 100 years of Worship and Witness.

The previous Moderator to lead worship prior to that was Revd C Cyril Franks during his time as Moderator, 1987—88. In those days there was a certain amount of trepidation when national leaders from whatever organisations they represented visited a group. In this case, minds were soon put at rest when we learned that the area was familiar to him, having served during World War II just a couple of miles away in the RAMC at Crookham. He worshipped during that time at our church, which was of course the Congregational Church.

His visit was over 30 years ago, but it was something he did rather than something he said that remained in the mind. He used postage stamps on the ceiling in the vestibule. I don’t know how he got the stamps on the ceiling, *but as youngsters we did something similar with tiny goblets made from silver paper.* During his talk he asked the congregations how many people had seen what was on the ceiling when they arrived for the Service—the answer, NONE! It was a powerful illustration as the basis for the Service, and an encouragement to ‘Always Look Up’.

*Bernard and Mavis Potter, Fleet URC*



## EARTH DAY: 22nd April, 2021

I know I am at risk of appearing to be a climate change obsessive or an environmental finger-wager, but given that Spring is in the air I would like to draw your attention to Earth Day (sometimes confusingly called Earth Hour Day), which takes place every year on 22nd April.

Begun in 1970 in response to a massive oil spill off the California coast, it is coordinated by the Earth Day Network (EDN): <https://www.earthday.org/>. It has gone from strength to strength, and is now the world's largest civil event. Last year it was supported in 193 countries, and about one billion people worldwide participated in it—either passively (by tuning into it, or just by being aware of it), or actively (by changing some aspect of their daily routines/choices).

Earth Day 2016 was marked by the opening for signature of the Paris Agreement on Climate Change. This year's Earth Day will be marked by, amongst other things, President Biden convening a world leaders' climate summit.



*Original 'Earth Day' flag  
(view from Apollo 13)*

But Earth Day is not just for the Great and the Good. It focuses globally on education, volunteering, art and events (which this year will be mostly online). Those of you who are teachers or otherwise engaged in education might be interested in this: <https://www.twinkl.co.uk/event/earth-day-2021>. Something which could be of interest to just about everyone is the Earth Day Network's promotion of Citizen Science, which encourages people to gather environmental information—for

example about air quality, water quality, insect populations, bees, plastic pollution—partly by the use of smartphone apps. There are Citizen Science websites based in many countries across the globe, and if you type 'citizen science uk' into your browser you will find a number of interesting websites. Here are a couple of them: <https://www.ceh.ac.uk/citizen-science>; <https://www.nhm.ac.uk/take-part/citizen-science.html>.

Following on from Grace Bagshaw's articles in *InTouch*, at an everyday level there are many practical things we can do to reduce our environmental impact, if we are not doing them already. I came across this article in the BBC *Science Focus* magazine: <http://www.sciencefocus.com/planet-earth/13-things-you-can-do-on-earth-day-or-everyday-to-help-the-planet>. Here are just some of the thirteen suggestions:

- Plant a tree.
- For shopping, use a jute bag rather than plastic (jute being a natural fibre which lasts a very long time and which doesn't make big demands

on land and water resources): <https://greencleanguide.com/8-undeniable-eco-friendly-qualities-of-jute/>.

- If possible walk or ride a bike rather than drive.
- Shop at farmers' markets. There is less packaging there than at supermarkets and other shops and, unless you have to travel a long way to reach one, the combined transport costs/CO<sub>2</sub> footprint for the food and for the customer is likely to be less. There are monthly farmers' markets at Farnham and at Camberley, but the farmers' market at Haslemere is currently on hold due to the pandemic.
- Try to avoid buying water in plastic bottles.
- If you have a garden and don't have a compost heap, start one—particularly if you live in Hampshire, where there are no Council food waste collections.
- If you have a computer, switch to paperless bills.

If you think this is all rather Nanny State, please consider the Biblical injunction, *'The land must not be sold permanently because the land is mine and you are but aliens and my tenants. Throughout the country that you hold as a possession you must provide for the redemption of the land.'* (Leviticus 25: 23-24). For 'country' I think one could also read 'planet'!

If you have any opinions or comments on any of the above, you are welcome to get in touch with me via [bhurcsecretary@gmail.com](mailto:bhurcsecretary@gmail.com).

*Hugh Le Fanu, Secretary, Beacon Hill URC*



### HTAOL Live Simply—FaceBook Group

'HTAOL Live Simply' is a Facebook Group formed to support the aims of the Catholic Agency for Overseas Development's *Live Simply* campaign, in the belief that 'God calls us to look hard at our lifestyles and to choose to live simply, sustainably and in solidarity with those who live in poverty'. It is a local group, which was set up primarily for the worshipping community of the Catholic Church of The Holy Trinity and Our Lady (HTAOL) in Fleet and Church Crookham, but it is open to everyone.

If you are on Facebook I encourage you to join the group as an expression of Christian support, and to connect with local initiatives—as well as picking up some useful tips along the way.

*Christine Gibbons, Fleet URC*



## REWILDING FOR NATURE

Last summer we didn't mow our front lawn, except for a narrow border around the edge to keep it from looking neglected. We have always had some beautiful ox eye daisies come up which we have carefully mowed around in the past, but we decided to just let it be last summer. It was interesting to see what came up and we noticed that neighbours and others walking past would stop and look. They'd chat about the flowers to each other and to us if we happened to be there. It became a real talking point. We were delighted with our project to let nature thrive. We even scattered more wild flower seeds in the



Autumn, to increase the diversity of our mini-meadow.

I then came across the Blue Campaign. This was conceived in 2014 to combat the decline in biodiversity and biomass around the UK and promotes the 'rewilding' of our gardens, parks, verges and school grounds. A blue heart (now the official symbol of rewilding) can be placed in the area being rewilded to communicate that it is a deliberate act rather than the sign of a lazy gardener!

It doesn't matter how big or small our gardens, we can all take part. According to <http://www.bluecampaignhub.com> there are 15 million gardens across the UK, and one of them is yours! By leaving just a small part of your garden wild you are giving back to nature and allowing plants, birds, bees, bugs, butterflies, frogs and reptiles to thrive.



So will we be mowing our front lawn this summer? No, we won't. The lawn will be left to do its own thing again and we will be watching with interest to see what flowers and insects arrive, but we will be 'planting' a blue heart to show our support for the

Blue Campaign. Will you be joining us? More information can be found on the Blue Campaign website, or on Facebook, Twitter or Instagram.

*Grace Bagshaw, Fleet URC*

## CHRISTMAS ANGELS—FLEET URC

Hello angel knitters—Last year was certainly very different with regards to our angels, since we weren't able to distribute them around our community as we usually do. However the angels didn't go to waste, and 950 angels were delivered to nine care homes in Fleet and Church Crookham two weeks before Christmas. (One care home even had their own resident knitter.)



There were enough for every resident and member of staff. The managers were delighted that we had kindly thought of the 'hidden' residents of our community, and that we had wished the staff to have one as well: *'An Angel for the Angels'*!

We had approximately 200 left over, and these were offered to customers of Livingstones Christian Centre.

It certainly appears that the enthusiasm of you knitters is still there and I know that some of you are already knitting for next Christmas. There is still a lot of interest in our angels within the local community and I hope that those of you who have assisted in the past are happy to continue with this outreach.

All I need to do now is to let you know that there are plans to bless our community again this year and encourage you, dear friends, to 'Carry on Knitting'; and maybe invite others to join in.

If you wish to continue or start knitting for this worthwhile outreach, please can you either drop me a line by email, or text or phone me (see below). I would love to hear from you and I would certainly like to know your thoughts.

A date for your diaries: Fleet URC will play host this year for the Blessing Service on **Sunday 28th November at 4 pm**. It would be lovely to see you there.

With thanks and good wishes,

*Darrell Henderson, Fleet URC*

(e: [darrell.henderson@ntlworld.com](mailto:darrell.henderson@ntlworld.com), or tel: 0775 508549/01252 659569)





## CHRISTIAN AID WEEK, 10th—16th MAY

Christian Aid week is fast approaching, and as last year we are hoping growers will put up some extra plants for us which we can then sell with online contact.

You tell us what plants and/or veg you have to sell, and potential buyers then contact you to arrange collection/payment—all socially distanced, of course. Or you could say what plants you want to buy, and then sit back and see if anyone can 'match' you. It worked well last year, and we are hoping for equal success this year, so please contact me if you would like to be involved.

For details about Christian Aid week this year and how you can help, visit: <https://www.christianaid.org.uk/appeals/key-appeals/christian-aid-week>.

Linda Storey (01252 647650), Fleet URC

# Commitment for Life



## 'GIVE THANKS FOR YOUR VACCINE'

A 'Give Thanks for your Vaccine' campaign has been launched by the URC's *Commitment for Life* programme, inviting those of us who have had our Covid vaccinations to show gratitude by raising funds for healthcare in the developing world. The appeal has been initiated in support of Christian Aid's work, and all donations will support Christian Aid's response to the coronavirus pandemic in affected communities around the world, including our *Commitment for Life* partner regions.

In the UK well over 50% of the adult population have currently (*April 2021*) received their first dose of Covid vaccine, but for the poorest and most vulnerable communities across the world there is little hope of a vaccine rollout. These are people who already face lack of water, food, and basic healthcare. Christian Aid is working in these places, helping keep people safe from coronavirus, and the URC's campaign will help the charity do more.

If you or a family member have received a vaccine and would like to express your gratitude by helping the campaign with a donation, visit [bit.ly/URCgtfv](http://bit.ly/URCgtfv).

## BIBLE CAKE

Have fun exploring the scriptures for the ingredients, and then invite friends round to enjoy the finished product—while remembering to keep an appropriate social distance, of course!

Heat oven to 150°C (300°F, Gas mark 2).



### Ingredients:

- |  |                                    |
|--|------------------------------------|
| 1. 2 teacups 1 Samuel 30:12<br>(second ingredient)   | 7. 6 of Jeremiah 17:11             |
| 2. 2 cups Nahum 3:12                                 | 8. 2 tbsps 1 Samuel 14:25          |
| 3. ½ cup Numbers 17:8 (plus a<br>few for decoration) | 9. 1 pinch Leviticus 2:13          |
| 4. 8 oz (225g) Psalm 55:21                           | 10. 2 tsps. Amos 4:5 (crumbs)      |
| 5. 2 cups Jeremiah 6:20 (sugar!)                     | 11. 1 cup Judges 5:25 (2nd liquid) |
| 6. 4½ cups 1 Kings 4:22                              | 12. ½cup Judges 4:19 (1st liquid)  |
|  | 13. Season with 2 Chronicles 9:9   |

Grease and line an 8-inch cake tin.

Separate 1. Chop 2 and 3. Set aside.

Blend 4 and 5. Add 6 gradually. Beat 7 and add 8, 9 and 10.

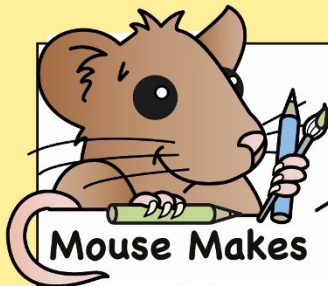
Stir in 1, 2 and 3. Add 11 and 12 as necessary. Blend in 13.

Put into prepared tin, decorate with a few flaked 3s, and bake on a low shelf for 3½ hours.

If the top browns prematurely, reduce heat to 140°C (275°F, Gas mark 1) and cover with greaseproof paper.

Eat with prayer and thanksgiving, and resolve to follow the example of 2 Timothy 1:7!

*Please note that* items for the Summer issue of *In Touch* should be with the editor, Christine Gibbons by **Sunday 30th May** ([christine.gibbons@beech-ride.co.uk](mailto:christine.gibbons@beech-ride.co.uk)).



## Mouse Makes

Can you find these names of **Jesus** in the word search?

**SON OF GOD**

Matthew 3:16-17



**KING OF KINGS**

Revelation 17:14

**PROPHET**

Luke 24:19



**PRIEST**

1 Timothy 2:5

**ROCK**

1 Corinthians 10:4

**LORD**

1 Corinthians 1:9

**AMEN**

Revelation 3:14

**LIFE**

John 11:25-27

**MESSIAH**

John 1:41

**SHEPHERD**

John 10:11

**LIGHT**

John 8:12



**WORD**

John 1:1-50



**BREAD**

John 6:35

**CREATOR**

1 John 1:3



**CHRIST**

Matthew 16:16

**SAVIOUR**

John 3:16-17

**HOLY ONE**

Mark 1:24

**VINE**

John 15:5



**DOOR**

John 10:9



**WAY**

John 14:6

**LAMB**

John 1:29



V L I F E W D  
D I A L A R O C K  
C M H M O M S R E H C  
H E O B R E A D O O R  
R S L W D N V I N E E  
I S Y A P R I E S T A  
S I O Y P R O P H E T  
T A N J E S U S T D O  
S H E P H E R D E D B R  
K I N G O F K I N G S  
D S O S O N O F G O D  
L I G H T